



# MIAMI SAILING WEEK

March 14-15

## OPTIMIST GREEN FLEET

### SAILING INSTRUCTIONS (SI)

#### 1. RULES

1. The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS)
2. As Green Fleet is a learning fleet, protests will not be heard by Race Committee and are instead learning opportunities for competitors and parents. An open discussion of the protest process (mock protest) may be held if resources are available. All competitors, parents and coaches are encouraged to attend and observe.

#### 2. NOTICES TO COMPETITORS.

1. Notices to competitors will be posted on the official notice board located at Regatta Park Zone 1.

#### 3. FORMAT

1. Green Fleet will sail as one division.

#### 4. CHANGES TO THE SAILING INSTRUCTIONS (SI)

1. Any change to the SI will be posted on the official notice board by 0800 on the day that it will take effect, except that any change to the schedule of races will be posted by the end of protest time limit on the day before it will take effect.

#### 5. SIGNALS MADE ASHORE AND LAUNCHING

1. Signals made ashore will be displayed from the flag pole located on the lawn of the Coconut Grove Sailing Club.
2. When flag "AP" is displayed, "1 minute" is replaced with "not less than 45 minutes" in Race Signal "AP". This changes Race Signal "AP."
3. All boats shall be kept at Regatta Park Zone 2 in the assigned area until the harbor launch (see SI 5.4).
4. Harbor Launch: Boats shall not launch until flag "D" is displayed on the flagpole with one sound signal, and shall obey verbal launching instructions.

#### 6. SCHEDULE OF RACES

Day	Time (24hr)	Activity	Location
Thursday March 5 <sup>th</sup>	1700 – 1830	Registration/Check-in for A-Class Catamaran, Flying Scot and Finn	Coconut Grove Sailing Club (CGSC)
	1830	Skipper's Meeting A-Class, Flying Scot, Finn	CGSC



# MIAMI SAILING WEEK

<b>Friday, March 13<sup>th</sup></b>	1700 – 1900	Happy Hour	CGSC
	1700-1900	Check-In/Registration	CGSC
<b>Saturday, March 14<sup>th</sup></b>	1700-1900	Social Hour for Competitors	CGSC
	0730-0930	Continental Breakfast for Competitors	Regatta Park Zone 1 (RP Zone 1)
	0730-0900	Late Check-In	RP Zone 1
	0830-0930	DIY Lunch Station	RP Zone 1
	0845	Coaches Meeting	RP Zone 1
	0900	Welcome Ceremony and Skipper's Briefing	RP Zone 1
	0930	Harbor Start Optimist Championship Fleet, Laser, i420, C420	RP Zone 2
	1000	Harbor Start, Green Fleet Optimist	RP Zone 2
	1100	1 <sup>st</sup> Warning, All Classes	Biscayne Bay
	After Racing 1730	Check-in at Safety Desk Competitor's Dinner	RP Zone 1
	<b>Sunday, March 15<sup>th</sup></b>	0730-0900	Continental Breakfast for Competitors
0730-0900		Late Check-In	RP Zone 1
0830-0930		DIY Lunch Station	RP Zone 1
0800		Coaches Meeting	RP Zone 1
0845		Harbor Start Optimist Championship Fleet, Laser, i420, C420	RP Zone 2
0900		Harbor Start, Green Fleet Optimist	RP Zone 2
1000		1 <sup>st</sup> Warning, All Classes	Biscayne Bay
1400		No Warnings after this time	
After Racing		Check-in at Safety Desk	RP Zone 1
After Racing		Awards Presentation	CGSC

1. Eight (8) Races are scheduled for the Championship Fleet. The Green Fleet will sail as many races as practicable
2. Up to five (5) races may be sailed per day (NOR 7.3)

## 7. RACING AREA

1. The racing area for Green Fleet will be due south of Dinner Key Islands in the vicinity of Ransom Everglades.



# MIAMI SAILING WEEK

## 8. THE COURSE AND CHANGES TO COURSE LEG(S)

1. SI Addendum 1 illustrates the course, including the general configuration of the marks, the order in which marks are to be passed, and the side on which each mark is to be left. The course length and exact configuration will be based on sailing conditions.
2. To change the next leg of the course, the race committee will move the original mark (or move the finishing line) before the first boat has rounded the previous mark. No signals are required for this change. This changes rule 33.

## 9. MARKS

1. Rounding marks 1, 2, 3 will be red inflatable cylinder buoys.
2. The starting marks will be between a race committee vessel displaying an orange flag and an orange cylinder
3. The finishing marks will be the same as the starting marks with the exception of a blue flag being displayed by the race committee vessel.

## 10. RESTRICTED AREAS

1. The **racing area** is the space encompassing the course, the starting area, and the finishing area. It extends 100 yards beyond any racing boat and all marks. Except as permitted by SI 19, only competing boats and official vessels (designated as such by the race committee) may enter the racing area while boats are racing.
2. The **waiting area** is the area to leeward of the racing area below the starting line, marked by a series of small balls or marks. Support Vessels are to anchor with their anchors at or behind the line formed by the row of small balls or marks, or, in the absence of small buoys, at a distance specified by the Principal Race Officer.

## 11. THE START AND THE FINISH

1. Races will be started in accordance to Appendix U. The race committee may verbally hail the countdown. The class flag will be displayed on the signal boat during the start sequence.
2. Class flag will be a green flag.
3. The starting and finishing line will be between a staff displaying an orange flag on a race committee signal vessel and an orange inflatable cylinder
4. A boat starting later than five (5) minutes after her starting signal will be scored Did Not Start (DNS), without a hearing. This change is added to RRS A5.
5. The start-finish line will not be an "obstruction" and will be open to boats sailing downwind.
6. Boats that have finished shall immediately sail to the right of the finish line and stay clear of all other boats that are still racing.

## 12. TIME LIMITS

1. The time limit for the first boat in a race to sail the course and finish is ninety (90) minutes.



# MIAMI SAILING WEEK

2. Boats failing to finish within twenty (20) minutes after the first boat in a race sails the course and finishes will be scored Did Not Finish (DNF) without a hearing. This change is added to RRS 35 and A5.

## 13. PROTESTS AND PENALTIES

1. The penalty system described in rule 44.1 and 44.2 is changed so that only one-turn, including one tack and one gybe is required. This changes rule 44.1.

## 14. SCORING

1. The Low Point Scoring System of RRS Appendix A will apply
2. One (1) completed race shall constitute the regatta
3. Scoring based on number of races completed:
  1. When fewer than five (5) races have been completed, a boat's series score will be the total of all of her race scores.
  2. When five (5) or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

## 15. SAFETY AND CHECK-OUT/CHECK-IN PROCEDURES

1. All boats may be inspected for proper rigging and safety prior to racing.
2. All Green Fleet sailors, NOT PARENTS, are required to personally Check-Out at the safety table located in Regatta Park Zone 1, indicating their departure to the race course. If a competitor will not be racing that day, he or she shall notify a volunteer at the safety table. Immediately upon returning to shore, but not later than 30 minutes after the race committee signal boat docks, competitors shall personally Check-In at the safety table located in Regatta Park Zone 1 indicating their safe return to shore.
3. An adult (parent, guardian or designated adult) is responsible for the safety of their sailor. It is the responsibility of this adult to decide if the sailor should sail in the weather and sea conditions that might arise during the event. The adults supervising the competitors are ultimately responsible for the risks.
4. Parents not personally attending any part of the event shall ensure that another adult is authorized and designated to make these decisions for their sailor, and each competitor shall indicate in writing at Competitor Check-In the parent or adult representative that will be responsible for the competitor throughout the event.
5. The designated adult shall accept full responsibility for all actions of the competitor during any activity related to the event. This includes on-shore activities before, during, and after the regatta.
6. Every sailor must wear a non-inflatable U.S. Coast Guard approved personal flotation device (PFD). PFDs must be fully secured (zipped, clipped and strapped) at all times on the water, except for brief periods for the removal or adding of clothing.
7. Each competitor must have a whistle attached to his or her PFD at all times on the water.



# MIAMI SAILING WEEK

8. Each boat shall have a secure loop tied at the end of its painter (bow) line.
9. Any sailor retiring from a race must notify a race committee boat or safety boat before leaving the course.

## 16. EQUIPMENT AND MEASUREMENT

1. Measurement may be made of boats at any time during the regatta at the direction of the race committee.

## 17. SUPPORT PERSON REGULATIONS

1. Coaches are expected to be good role models for young sailors and conduct themselves accordingly ashore and on the water.
2. Parents (spectators) who are on the water either in support or coach vessels are considered coaches for the purpose of SI 19. Those parents who serve on race committee vessels (including patrol and safety vessels) may not communicate in any way with their sailors or their coaches from the time the orange starting line flags are displayed until their sailor has finished his or her race (“No Communication Period”). The only exception to this rule is when directed by the Principal Race Officer or they are involved with safety and rescue. During periods of time when communication with coaches and/or sailors is permissible, these parents shall not transfer any strategic or tactical information (including audio or video recordings) gained due to their advantageous location on the race course or their access to race committee communications, unless such information is made available to all sailors, coaches and other parents/supporters. Communications of a personal nature (e.g., ‘great race’, ‘get something to drink’, ‘go see your coach’, etc.) are always permissible outside the “No Communication Period”.
3. General support (coach and spectator) vessel requirements:
  1. Support vessels shall display a numbered flag provided by the organizing authority at all times while on the water. All support vessels shall carry a VHF radio and monitor the race committee channel, VHF 79.
  2. No ‘team’ flags, private signal flags, or any object that might be construed as a signal shall be flown from coach or support vessels while racing is underway.
  3. Support vessels shall follow the instructions of race committee, patrol, safety, protest committee, and other race management vessels at all times.
  4. No support vessels shall tie up to or congregate around any aid to navigation, such as buoys or channel markers, or tie up to any fixed fishing gear or fishing floats.
4. Restrictions:
  1. All support vessels shall stay out of the racing area while boats are racing only coaches are permitted to communicate with sailors during the race.



# MIAMI SAILING WEEK

2. Certain support vessels may be designated as rescue craft by the Principal Race Officer or Safety Officer and given permission to enter the racing area for the purposes of rescue operations only.
3. There shall be no anchoring inside the course or in the vicinity of the finish line. Refer to SI Addendum 1 for the waiting area for support vessels.
5. There shall be no unapproved unmanned aerial vehicle (UAV) drone flight permitted above the racing area, waiting area, coach/spectator boat zones, start line or finish line.
6. Penalties:
  1. Competitors affiliated with any coach, parent, or spectator vessel that breaks SI 17 may be protested and penalized under RRS 41, Outside Help, in which case the Preamble to Part 4 will not apply. This change is added to RRS 41.
  2. Coaches, parents, or spectators that repeatedly and/or intentionally break SI 17 may be subject to disciplinary actions up to and including exclusion from the venue.

## 18. COACHING

1. Coaching is encouraged by the race committee. Coaching should focus on the bottom half of the fleet. Coaching on the water is for all, and all coaches are required to assist all sailors. All coaches are required to prominently display their coach flag and to have VHF radios on and operating on the Green Fleet race committee channel, VHF 80, at all times while racing is underway. The race committee has the right to remove from the Green Fleet course any coach who disregards the instructions of the race committee.
2. SI 17.6 is applicable to coaches who disregards SI Rule 18.

## 19. ENVIRONMENT

1. Competitors and coaches are expected to comply with RRS 55. Trash may be placed aboard race committee and support vessels.

## 20. SPECIAL INSTRUCTIONS

1. Boats are required to display advertising, if any, chosen, supplied, and as instructed by the organizing authority.

## 21. DISCLAIMER OF LIABILITY

1. Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. Sailing is an activity that has an inherent risk of damage and injury. Competitors participate in the Regatta entirely at their own risk. The Coconut Grove Sailing Club, STUDIOMILANO, Miami Sailing Week, Organizing Authority, Sponsors, Support Facilities, Volunteers, Agents, Employees and Service providers, the PRO and the Committee will not accept any liability for material damage, personal injury, or death sustained in conjunction with or prior to, during, or after the Regatta for both on the water and on land activities. By participating in this event, each competitor (owners, skippers, and



# MIAMI SAILING WEEK

crews) agrees to release the race organizers and all persons and groups listed above from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

## 22. PRIZES

1. Prizes to be awarded are described in the Notice of Race Appendix A. Subsequent prizes may be awarded at the discretion of the Organizing Authority (OA).

**Regatta Director** Alberto Olivo

**Principal Race Officer** Thomas McCormick

**Scorer** Sue Walsh

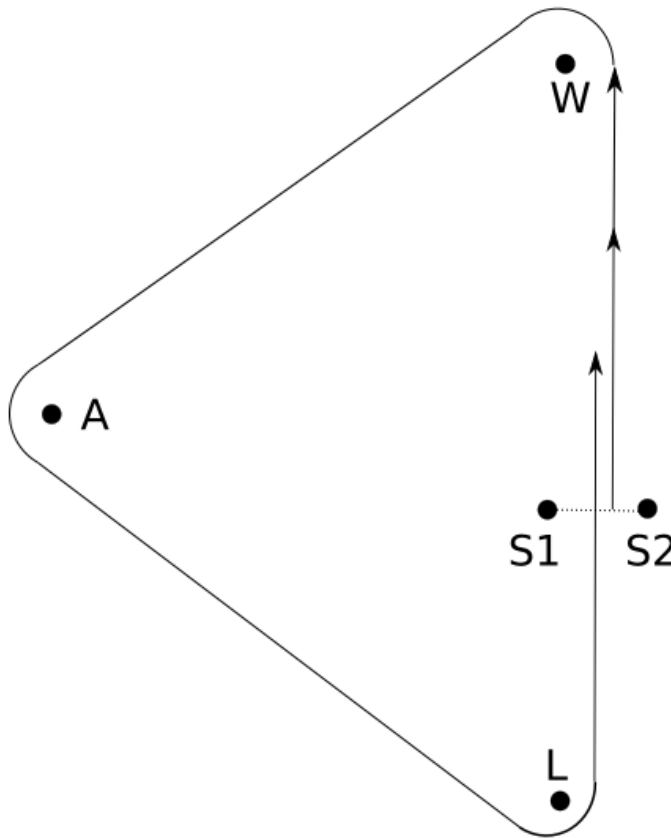


# MIAMI SAILING WEEK

GREEN FLEET OPTIMIST

## SI ADDENDUM 1

### Triangle Course (Port Rounding)



Course code: T

Start line is between S1 and S2.

Marks W, A and L are all rounded to port.

Boats can pass between S1 and S2

WAITING  
AREA