



Commodore Law Trophy

July 1-2, 2019

Indian Harbor Yacht Club

NOTICE OF RACE

1. RULES

- 1.1. The regatta will be governed by the rules as defined in the current *The Racing Rules of Sailing*.
- 1.2. The rules for JSA of LIS (JSA) events will apply.
- 1.3. Racing Rules listed below will be changed as indicated. The changes will appear in full in the sailing instructions. The sailing instructions may also change other rules.
 - 1.3.1. Rule 61 will be changed to require that immediately after finishing a race, without consultation with instructors, coaches or spectators, a boat shall notify the Race Committee of its intention to protest another boat and provide the sail number of the protested boat.
 - 1.3.2. Rule 60.3 will be changed to permit the protest committee to protest a boat when, from its own observation or a report received from any source, it believes a competitor may have committed a breach of sportsmanship or the Rules for JSA Events.

2. ELIGIBILITY

- 2.1. The Regatta is open to any JSA member sailing a Laser, Laser Radial, Club 420 or RS Feva XL who meets at least one of the following criteria:
 - 2.1.1. Finished in the top 40% in 2018 in their division of the Eastern Districts, Western Districts, Larchmont Race Week, Shelter Island 420/Laser/Radial Regatta or C420, Laser, Laser Radial Race Week.
 - 2.1.2. Sailed in 2018 Area B semi-finals for Bemis or Smythe.
 - 2.1.3. Was accepted to sail in the 2018 US Sailing Youth Sailing Championship.
 - 2.1.4. Was approved by resume at the discretion of IHYC Junior Chairman and Sailing Director. Submit resumes by email to sailing@indianharboryc.com no later than 2300, June 28, 2019.
- 2.2. Competitors shall have reached their 13th but not their 19th birthday in the 2019 calendar year.
- 2.3. Competitors must be members of US Sailing.
- 2.4. This event is not a qualifying event for the 2019 JSA Laser, Radial, Club 420, or RS Feva XL Championship.
- 2.5. If either the JSA weight or age requirement is not met, the sailor shall file the JSA underage/underweight permission request form with the regatta entry package. The permission form is subject to acceptance by the regatta chair.

3. ENTRY

Entries for this regatta will be accepted online no later than 2300 June 28, 2019.

4. FEES

Entry fee is \$115 per sailor. This includes: regatta give-away item, continental breakfast both days, lunch, and event dinner on Monday night.

5. SCHEDULE OF EVENTS

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| Monday, July 1 | 0830-1000 | Registration, continental breakfast, lunch pickup, and boat drop-off/rigging. |
| | 1000 | Mandatory competitors' meeting immediately followed by coaches' meeting. |
| | 1030 | Harbor Start |
| | 1130 | Scheduled first warning signal. |
| | 1730 | No warning signal will be made after this time |
| | 1830-2000 | Regatta Dinner (Attire is blazer for men) |
| Tuesday, July 2 | 0830-0930 | Rigging, continental breakfast, lunch pickup |
| | 0930 | Harbor Start |
| | 1030 | Warning, second day racing start |
| | 1630 | No first warning signal will be made after this time |
| | | Awards will follow as soon as practicable after racing. |

*Please note that attire for the regatta dinner on Monday is blazer for men and equivalent dress for ladies. Locker rooms with showers are available for sailors. Lunch both days is available for pickup in the main ballroom with breakfast. Sailors will make their own lunches from a variety of options available.

6. MEASUREMENT AND OTHER CONDITIONS

- 6.1. All competitors shall have their PFDs checked at registration on July 1 as a requirement of entry.
- 6.2. All boats are subject to inspection by the organizing authority or the judges at any time during the regatta. Competitors subject to JSA minimum weight restrictions may be weighed at any time during the regatta.
- 6.3. Skippers shall be designated for the entire regatta. Co-skippers will not be allowed.
- 6.4. There will be no substitution of crew or skipper without written approval from the Chief Judge.
- 6.5. Except for brief periods while changing or adjusting clothing or equipment, all competitors and instructors shall wear, while on or near the water, a personal floatation device (PFD) approved by the US Coast Guard that is 100% dependent on foam for floatation and the appropriate size for the wearer and shall have a whistle attached.
- 6.6. All boats shall have complete and clearly visible sail numbers. Boats not complying with this instruction shall both be warned and given time to comply or shall be protested by the Race Committee.
- 6.7. Lasers and Radials are not required to use JSA numbers. They shall be scored using standard sail numbers.

7. SAILING INSTRUCTIONS

Sailing Instructions will be available online by 0830 on July 1, 2019. Copies of the SIs will also be available at the on-site registration/check-in desk.

8. VENUE

Courses will be set inside of Captain Harbor, south of the IHYC Clubhouse. As a second option and if conditions warrant, racing will occur south of the Captain Islands in the Long Island Sound.

9. PENALTY SYSTEM AND PROTESTS

The penalty for breaches of JSA disciplinary rules determined in a protest hearing will be at the discretion of the protest committee and may be less than or greater than DSQ for one or more races.

10. SCORING

Nine races are scheduled. One race constitutes a series. When five or fewer races have been completed, a boat's series score will be the total of her race scores. If six races are completed, a boat's worst score will be excluded subject to RRS 90.3(b).

11. SAFETY AND SUPPORT CRAFT

- 11.1. Announcements from the RC to Coaches and Support Boats shall be made over VHF. The channel being used will be identified in the SIs and at the coaches' meeting.
- 11.2. Any club entering 1 or more boat(s) shall supply a support boat equipped with a working VHF Radio, an anchor and a first aid kit. An instructor, coach and/or other support personnel shall drive the support boat in accordance with JSA rules for JSA events and shall register with the organizing authority at registration.
- 11.3. Spectator and support boats shall stay well clear of the race course area while boats are racing and shall monitor the VHF radio for updates and directives coming from the race committee. Coaching from spectator boats is prohibited.
- 11.4. In no circumstances will competitors be allowed to sail without a designated coach/support boat on the race course.

12. ENVIRONMENTAL RESPONSIBILITY

Consistent with RRS 55 and the Basic Principle on Environmental Responsibility, IHYC, in cooperation with Sailors for the Sea intends to conduct the Law Trophy Regatta in a manner consistent with best practices for minimizing impact on the environment. This will include steps such as keeping the site clear of debris, increased availability of recycling facilities, and taking steps to reduce reliance on plastic bottles by making water filling stations available.

13. SUPPORT BOATS

- 13.1. Coaches, support personnel and spectators shall stay outside areas where boats are racing from the time of the warning signal for the first class until all boats in that class have finished or retired, or the race committee signals a postponement or abandonment. Coaching is not permitted after a general recall.
- 13.2. Coaches, support personnel, and spectators must stay clear of the race area by being to the left side of the course (looking upwind) and at minimum wake speed.
- 13.3. Coaches and support personnel are required to monitor the race committee VHF channel and follow any safety instructions issued by the race committee. The VHF channel to be used will be identified at the instructors' meeting.

14. PRIZES

Prizes will be awarded for first to third in each class to skippers and (when applicable) crews. The name(s) of the winning skipper and when applicable, crew of each class racing will be inscribed on the permanent Commodore Law Trophy, which remains at IHYC.

15. PERSONAL CONDUCT

- 15.1. All junior sailors and instructors are expected to behave in accordance with recognized principles of sportsmanship, good manners and fair play. The organizing authority may initiate a conduct hearing in accordance with JSA regulations for a junior sailor or instructor for actions that include, but are not limited to, the following:
 - 15.1.1. Swearing at, intimidating or harassing anyone, including teammates, on or off the water.
 - 15.1.2. Stealing or borrowing without permission, anything that does not belong to them.
 - 15.1.3. Possessing, consuming or being under the influence of alcohol or controlled substances, the possession of which is unlawful.
 - 15.1.4. Failure to wear a properly fastened, USCG approved, PFD.
- 15.2. Please note that if an instructor is asked to leave a race course, all juniors for whom that instructor is responsible shall leave the race course as well unless other satisfactory supervisory arrangements are made.

16. RESPONSIBILITY FOR SAFETY

As a condition of the participation of any boat in any race or related activity sponsored or undertaken by the Indian Harbor Yacht Club: the owner, helmsman and each crew member agree that the safety of the boat and the crew and the decision whether or not to start or continue to race is solely their responsibility, and each of them waives all claims which he or she, or any heir, representative, successor or assignee, may have against the Indian Harbor Yacht Club or the JSA, and any of their officers, trustees, members, committees, employees or agents, arising out of or in any way connected with participation in such race or activity. Responsibility for evaluating wind, sea and weather conditions rests with each competitor, as does the responsibility for the safe condition and operation of their boat including safety equipment and rigging and for wearing a life jacket. Assistance from the race committee, patrol boats, or other support boats and from personnel manning them is at the risk of the participant.

17. ADDITIONAL INFO

Contact the IHYC Sailing Director at sailing@indianharboryc.com or 203-869-2484 x31

Indian Harbor Yacht Club

710 Steamboat Road, Greenwich, CT 06830

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Indian Harbor YC Regatta Chairman

Dr. Jack Kruse

Principal Race Officer

David Seabrook